

Useful Contact Numbers

Lifeline

131 114

Emergency Accommodation and Support Enterprise EASE

5443 4945

Centre Against Sexual Assault

5441 0430

Victorian Legal Aid

1800 677 402

Victorian Aboriginal Legal Service

(03) 9419 3888

Witness Assistance Service

1800 641 927

Domestic Violence Crisis

1800 015 188

Bendigo Law Courts

5440 4140

Victims Assistance Program

1800 819 817

St Luke's Toll Free (landlines)

1800 244323

St Luke's

RESPECT | HOPE | FAIRNESS

Victims are encouraged to contact the Victims Assistance Helpline 8am-11pm Monday to Friday on 1800 819 817



St Luke's Anglicare
47 High St
Bendigo

Ph: 5448 1000

Free call: 1800 244 323

St Luke's

RESPECT | HOPE | FAIRNESS

VICTIMS ASSISTANCE AND COUNSELLING PROGRAM Southern Loddon -Mallee Region

A program to assist victims of crime



Ph: 5448 1000 ◀

What is the Victims Assistance and Counselling Program?

The program is designed to assist victims to overcome the negative effects of the trauma of crime.

It provides:

Information about:

- The police
- Court processes
- Victims rights
- Victims of Crime Assistance Tribunal Applications
- Support agencies and services

The program also provides:

- Counselling
- Advocacy
- Practical Support
- Court Support

Who is a Victim of Crime?

A victim of crime is a person who has suffered harm because of a criminal act. That harm can be physical injury, emotional trauma or financial loss.

A victim may include those directly affected by crime, or their families and friends. It also includes witnesses to a crime and relatives of a person who dies as a result of crime.

Crimes may include:

Assault, rape, aggravated robbery, stalking, homicide, aggravated burglary, child abuse, culpable driving, domestic violence, other crimes not listed.

Recovering from Crime

After experiencing a crime you may experience difficulty in continuing your daily activities.

Here are some suggestions that may help you to cope:

- * Consult your doctor and have your health assessed
- * Contact friends
- * Try to rest as much as possible
- * Arrange for someone to stay with you for periods of time each day.
- * If possible, maintain a normal schedule of activities
- * Eat regular meals
- * Express your feelings
- * Maintain regular physical activity